



Melanie Derosé of Bermuda and Jerry Nicholls of Barbados take the top titles in the 33rd annual CAC Body Building Championships

This weekend Aruba was host to the International Federation of Body Builders (I.F.B.B.) Central American & Caribbean Championships, an exciting event that attracted over 150 athletes from twenty-one countries to Aruba's shores.

Held in the Renaissance Convention center the Saturday night finals saw Melanie Derosé, middleweight class of Bermuda take the title for Overall Champion Woman Bodybuilder 2005 and Jerry Nicholls of Barbados, winner of the Heavyweight Men's Division take CAC Men's Overall title for 2005. The island of Barbados won the trophy for Best National Team with 144 points, Venezuela was second and Trinidad and Tobago took third.

More about this exciting event in tomorrow's paper.